1. The Heart of Kairos
   If you had to condense the essence of the Kairos ministry down to its fundamental core, it would be LOVE. Not just any love, but the love of Christ, delivered in wave after wave by His family.

   Of course, we think of love for the residents, but it's also love for fellow team members, love for people supplying agape, love for the Christian community, love for the prison officials, and love for Jesus.

2. Christ's Love Team
   In order to be part of Christ's love team, you must set your self-focus aside. Easier said than done? Yes, but there is help! The Kairos Team Formation process is intended to be a "practice field" where we shed our self interests and put on the cloak of humility, obedience, sacrifice, vulnerability, and love - the face of Christ Himself.

3. Prayer
   Prayer forms a key foundation to Kairos. The ministry is built on a realization that no matter how organized, smart, or experienced we are, success is totally dependant on how willing the team is to humble itself and adopt a prayerful spirit. This is especially true for the leadership. Prayer reminds us that this is not about us, but about God's will.

4. Agape
   One of the great revelations in Kairos comes when inmates realize how real the love of Christ is! For many, it is the first experience of the "warmed heart" of Agape love. Agape is the love of Christ, delivered through the Body of Christ. Cookies, posters, money, and letters are not Agape - they only represent Agape.

5. Sacrifice
   Christ calls us to be servants. Being a servant requires that we give up our control. A servant is at the beckoned call of their master. The servant's agenda is not what's important, the agenda of the master is. So, you are asked to sacrifice your self-focus so that you can truly be His servant on this Kairos.
6 Obedience
The Christian life is one of learning to lay down our will and to joyfully serve in obedience. In Kairos, that obedience starts with Christ, of course. But it extends to being obedient to the Kairos leadership, the prison authorities, and to the Kairos method.

7 Staying Focused
The reason that Kairos has such a powerful impact on people’s lives is that the Team comes as advocates for Christ! When we are focused on Christ in our relations with the inmates, the power of the Holy Spirit magnifies our puny efforts. But, when we begin to lose our focus and start becoming advocates for prisoners, you will find friendships growing, but your ministry being diminished.

8 Stay on "Common Ground"
In Kairos, we focus on the thing that unites us - the saving grace of Jesus - and we avoid those things that divide us. We all come with denominational differences, but we lay those differences down in Kairos and lift up the thing that each of us holds in common. This means we avoid practices and discussions that are denominationally dividing, such as Communion, altar calls, praying the Rosary, laying on hands, baptism, etc.

9 Kairos Conflicts
If Kairos is doing a mighty work for God, why would you be surprised that conflict appears so easily? Satan knows your weaknesses, and he will be very satisfied at using YOUR weakness to his advantage. An example is conflict on the team - usually when someone becomes harsh with others - often from a leader. Our response is critical. We can allow our spirits to become distracted from God’s work, or we can rely on God to heal the wound and remove Satan’s distraction.

10 Listen, Listen, Love, Love
The theme of every Kairos is “Listen, Listen, Love, Love.” This theme reminds us that Kairos is not about preaching or convincing. Instead, we sacrifice our need to be in control and listen with our hearts - a true act of great love.